



## U14 Update – this Sunday & Zone GS Camp

Hello Everyone,

There have been a few updates/changes to our training plan with the rainy weather pattern we are expecting. Please read thoroughly:

### 1. Sunday, January 28<sup>th</sup> - NEW PLAN

To plan for the weather and still get some skiing/training in, we have developed a new plan for this Sunday. The focus of the day will be on team building, fun & resilience!

**Discipline:** Free skiing & Park session

**Equipment:** Powder Skis, Poles, Backpack, Snacks, Waterproof Layers, Dryland Clothes, \$5 for Brunch

**Meeting Time:** 8am in your dryland clothes (store skis outside and gear/clothing in the lobby)

**Meeting Location:** WMSC Club Cabin

**Finish:** 1pm

#### **Schedule:**

8-9am | Dryland in the Studio

9-10am | Team Brunch and Kitzbühel race viewing

10am | Get ready to ski at the Club Cabin and walk over to the Creekside Gondola with coaches

10:30am-1pm | Free skiing and Park session

**TEAM BRUNCH** – Athletes will need to **bring \$5** to cover the cost of food.

If you had indicated in yesterday's poll that your athlete is attending Sunday's training, but have now changed your plan, please shoot me a quick text on WhatsApp to help us plan (staffing and food).

### 2. Zone GS Camp and Race

After speaking with Sandy and Dale (who manages the training centre), it is unlikely we will be able to run the Zone GS Camp and GS Race due to deteriorating conditions and for the safety of the athletes.

**Final confirmation will be sent out this Sunday around noon.**

What does this mean? Should the ZONE event get cancelled...

- We will still run a **WHISTLER U14 GS Camp**.
- Your entry fee will be reimbursed to your racer profile.
- Your athlete's extra days are still applicable, and we will be staffed accordingly.
- If you would like to also cancel your athlete's extra days, I request that you let me know via **WhatsApp/Email no later than 5pm on Sunday**.

Thank you for your understanding and your flexibility! When I think back of some of my most fun and memorable training days, believe it or not, it was on rainy days with my teammates. It builds character



Thank you!

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